

| Bartlett Rec | D4Fs (U7s) | D4Ms (U7s) | D3s (U9s) | D2s (U12s) | D1s (U15s) | DHS |
|--|-------------------|-------------------|------------------|-------------------|-------------------|--------------|
| Players - Max | 4 x 4 | 4 x 4 | 7 v 7 | 7 v 7 | 7 v 7 | 7 v 7 |
| Ball Size | 3 | 3 | 4 | 4 | 5 | 5 |
| Halves or Quarters | 4 Quarters | 4 Quarters | 2 Halves | 2 Halves | 2 Halves | 2 Halves |
| Duration | 10 minutes | 8 minutes | 20 minutes | 24 minutes | 26 minutes | 26 minutes |
| Halftime/Between Quarters | 3 minutes | 3 minutes | 5 minutes | 5 minutes | 5 minutes | 5 minutes |
| Substitutions | Any Stoppage | Any Stoppage | Any Stoppage | Any Stoppage | Any Stoppage | Any Stoppage |
| Heading | NO | NO | NO | NO | YES | YES |
| Offsides | NO | NO | YES | YES | YES | YES |
| Penalty Kicks | NO | NO | NO | NO | NO | NO |
| Direct Free Kicks | NO | NO | NO | NO | NO | NO |
| Sliding | NO | NO | NO | NO | NO | NO |
| Throw-ins / Kick-ins | Throw-ins | Throw-ins | Throw-ins | Throw-ins | Throw-ins | Throw-ins |
| Summary of rules by age group: | | | | | | |
| D4s (U7s) | | | | | | |
| A goal cannot be scored from a kick-in or throw-in. | | | | | | |
| On goal kicks, the opposing team should be moved back to the halfway line. | | | | | | |
| D3s/D2s/D1s/DHS: | | | | | | |
| Goal kicks DO NOT HAVE to come out of the box before a second touch by another player. | | | | | | |
| A goal CAN be scored directly from a kickoff. | | | | | | |
| Pertains to all age groups: | | | | | | |
| If possible, the teams should both be on one side of the field and the parents should be on the opposite side. | | | | | | |
| Stress "over your head, both feet on the ground" on every throw-in. Allow do-overs if not done correctly! | | | | | | |
| Substitutions can be on either team's possession for throw-ins. | | | | | | |
| Keep an eye on the sidelines constantly for substitutions. | | | | | | |
| Make sure the coaches know to wait on your signal before sending in substitutions. | | | | | | |
| Show up on time and look professional. | | | | | | |
| Wear yellow shirt with your badge. | | | | | | |
| Bring a whistle that is loud! | | | | | | |
| No cell phones during the game. Use a WATCH to keep time. | | | | | | |
| BBSP (Bartlett Blvd. Soccer Park) 3170 Bartlett Blvd, Bartlett, TN 38134 | | | | | | |
| Freeman Park 2629 Bartlett Blvd. Bartlett, TN 38134 | | | | | | |